KEVA ‘My First Sports Camp’ FAQ

1. **What sports will my child play?**

Children will be introduced to a variety of sports such as **soccer, basketball, T-ball, and fun movement games**. The focus is on learning fundamentals and being active, not competition.

2. **Do children need prior sports experience?**

No experience is needed! This camp is perfect for **beginners**. Coaches teach skills at a pace that works for young children.

3. **What does a typical day look like?**

Each day includes:

- Warm up tag games
- Skill instruction through fun activities
- Small group play with coaches
- Water breaks and rest time
- Outside play time on the fields, sand courts, 4 Square and outside playground

4. **How are safety and supervision handled?**

Safety is our top priority. Children are:

- Supervised at all times
- Grouped by age
- Taught basic safety rules
- Guided by trained staff and coaches

5. **What should my child bring to camp?**

Please bring:

- Comfortable athletic clothing
- Sneakers
- A labeled water bottle
- A labeled Sunscreen container
- A labeled packed lunch if they are here the full day
    - Keva provides all snacks and lunch is available to purchase

6. **What if my child needs a break or feels overwhelmed?**

That's okay! Our staff understands that young children may need breaks. We provide **positive encouragement, rest time, and gentle guidance** as needed.

7. **How are behavior and participation handled?**

We focus on:

- Positive reinforcement
- Encouraging effort and teamwork
- Teaching listening and turn-taking
  All children are encouraged to participate at their own comfort level.

8. **Will there be competition or games with winners and losers?**

No formal competition. Activities emphasize **fun, confidence, and skill development** rather than winning or losing.

9. **Are snacks or meals provided?**

Keva provides all morning and afternoon snacks. They will be listed on each weekly curriculum. You are more than welcome to provide your own snacks for the day.

Keva does not provide lunch for the day. If your child is signed up for the full-day camp, they must have a lunch packed or one purchased with Keva ahead of time.

We also understand that mistakes happen. If the child's lunch was accidentally left at home, we will provide them with a lunch but payment must be given at pickup.

10. **How do coaches communicate with parents?**

Parents will receive **daily updates at pick up** as well as important announcements via email. IF there is a time-sensitive issue, we will call you with the phone number listed on the waiver form.

11. **Who can I contact with questions or concerns?**

You can contact the camp director or office staff using the information provided at registration.